The American Youth Policy Forum (AYPF), a nonprofit, nonpartisan professional development organization, provides learning opportunities for policymakers, practitioners, and researchers working on youth issues at the national, state, and local levels. AYPF’s goal is to provide participants with information, insights, and networks on issues related to the development of healthy, successful young people as productive workers, and educated and participating citizens in a democratic society. Our work focuses on: secondary and postsecondary education, out-of-school and at-risk youth, juvenile justice, national and community service, service-learning, and related forms of youth development, transition to careers and career development. AYPF publishes policy reports and material on youth and youth policy issues. AYPF events and policy reports are made possible through the support of a consortium of philanthropic foundations. The views reflected in this publication are those of the authors and do not necessarily reflect the views of the funders. AYPF publications may be found on our website at www.aypf.org.

Funds for this publication were supported under cooperative agreement award number #2003-MU-MU-K003 from the Office of Juvenile Justice and Delinquency Prevention, Office of Justice Programs, U.S. Department of Justice. Points of view or opinions expressed in this document are those of the author(s) and do not necessarily represent the official position or policies of the U.S. Department of Justice or other funding agencies.

The National Youth Court Center (NYCC) serves as an information clearinghouse, provides training and technical assistance through conferences, regional training seminars, onsite technical assistance, and workshops, and serves as an informational clearinghouse for new and established Youth/Teen Court programs. The Center also provides resources to allied agencies that support Youth Court programs, including the American Bar Association, the Street Law, Inc, and The Constitutional Rights Foundation/Chicago.

The Office of Juvenile Justice and Delinquency Prevention (OJJDP) provides national leadership, coordination, and resources to prevent and respond to juvenile delinquency and victimization. OJJDP supports states and communities in their efforts to develop and implement effective and coordinated prevention and intervention programs and to improve the juvenile justice system so that it protects public safety, holds offenders accountable, and provides treatment and rehabilitative services tailored to the needs of juveniles and their families.


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ISBN 1-887031-90-1
Youth Court: A Community Solution for Embracing At-Risk Youth

A National Update

Sarah S. Pearson and Sonia Jurich

2005
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Quotes featured in this report come from program directors or coordinators who participated in the study.
EXECUTIVE SUMMARY

Youth court is a rapidly expanding alternative to the juvenile justice system for young people who have committed non-violent offenses, growing from 78 programs in 1994 to 1,035 in March 2005. Youth volunteers, under the supervision of adult volunteers, work as bailiffs, clerks, jury and judges, questioning the offender, debating and imposing sentences. The program’s goal is to intervene in early antisocial, delinquent, and criminal behaviors to reduce incidents and prevent the escalation of such behaviors.

The American Youth Policy Forum (AYPF), with support from the Office of Juvenile Justice and Delinquency Prevention (OJJDP) and the National Youth Court Center (NYCC), managed by the American Probation and Parole Association (APPA), conducted a nationwide review of youth court programs between November 2004 and January 2005. A total of 365 youth court coordinators from across the United States participated in the study.

This report reflects the study findings. The report’s goal is to provide policymakers and the public with an overview of youth court programs, their characteristics and benefits. Note: youth courts may be called “teen court” or “peer jury” in different jurisdictions.

Findings from the AYPF study indicate that:

- Returns to investment are immediate, as even in programs with only two years of operation, more than 80% of the youth offenders have completed their sentences successfully.
- In 30% of the participating programs, 1 in 5 youth offenders returns to the program as a volunteer.
- The average costs of youth court programs are estimated as $430 per youth served and $480 per youth successfully completing a sentence. These low operation costs are maintained through the programs’ reliance on adult and youth volunteers.
- Youth court benefits include:
  - To the juvenile justice system—Reduced court backlogs without increasing recidivism;
  - To youth offenders—An outlet to confront the consequences of their actions and protection from contact with “hard core” offenders as well as avoidance of a juvenile court record that may jeopardize their future;
  - To youth offenders and volunteers—Opportunities to learn about responsible citizenship and law, and to develop skills in public speaking, mediation,
and pro-social leadership through hands-on experience;

- **To families**—A chance to re-engage in a positive dialogue with their children, and to learn with them more about the justice system;

- **To communities**—Recovering losses due to juvenile crime and regaining confidence and pride in local youth.

- Reduced funding and uncertainty about continuing funding were major concerns expressed by youth court coordinators regarding program sustainability.

It is AYPF’s hope that this study will provide policymakers and citizens with a better understanding of youth courts and their role as an effective component of the country’s network for delinquency prevention, early intervention, and civic engagement.
INTRODUCTION

Youth court is not a new initiative. Two programs participating in this study were established in the 1970s: Naperville, IL, founded in 1972, and Oneida, NY, founded in 1974. Yet, in the past ten years, youth courts have grown by more than 1,300% and expanded into 48 states and the District of Columbia. This significant expansion in the number of youth courts nationwide has attracted public attention. What are youth courts? Whom do they serve? How do they work? What is their impact on youth? And why are they growing so rapidly now?

Publications on youth courts have also grown with the program, and the National Youth Court Center (NYCC), at the America Probation and Parole Association (APP), includes a number of recent articles on its web site (http://www.youthcourt.net). In 2002, the Office of Juvenile Justice and Delinquency Prevention (OJJDP) funded a national evaluation of youth courts conducted by the Urban Institute. The evaluation integrated a review of previous research, a nationwide survey of youth courts, and an in-depth analysis of programs in four states using a quasi-experimental approach. The evaluators concluded that youth courts represent “a promising alternative for the juvenile justice system” . . . above all in “jurisdictions that do not, or cannot, provide meaningful sanctions and services for these offenders.” Moreover, the fact that the programs operate with “largely volunteer labor and very low budgets suggests that they may be a particularly cost-effective alternative for some juvenile offenders.”

In November 2004, the American Youth Policy Forum (AYPF), with support from OJJDP and APP, through NYCC, contacted youth courts across the nation to update and expand the findings from the Urban Institute’s initial survey. A total of 365 youth courts (including those called “teen court” and “peer jury”) participated in a study focused on program operation and outcomes. Information on participating programs was complemented with a review of the NYCC database. Appendix A details the study methodology.

This report summarizes the study findings, raises questions for further research, and proposes recommendations to improve program quality and sustainability. It is AYPF’s hope that this study will provide policymakers and citizens with a better understanding of youth courts and their role as an effective component of the country’s network for delinquency prevention, early intervention, and youth civic engagement.
What are Youth Courts?

Youth court, also called teen court, peer jury, or student court, is an alternative to the traditional juvenile justice system and school disciplinary proceedings that empower youth and communities to take an active role in addressing the early stages of youth delinquency. The program provides communities with an opportunity to ensure immediate consequences to first-time youth offenders through a peer operated sentencing mechanism that constructively allows the offender to take responsibility, be held accountable, and make restitution for violating the law. In addition, the program offers young people in the community the opportunity to participate in the decision-making process for dealing with juvenile delinquency, while gaining “hands-on” knowledge of the juvenile and criminal justice systems.

A typical path for a young offender through youth court is as follows: The juvenile court judge, the law enforcement officer, the probation officer or the school offers the first-time youth offender (some youth courts handle repeat offenders), to go through youth court as a voluntary alternative to the formal juvenile justice system. If the youth accepts, a referral is sent to the local youth court coordinator. Most youth courts (about 92%) require an admission of guilt and function as a sentencing hearing only, while about 8% will allow offenders to plead “not guilty.”

Youth court proceedings may be similar to that of regular juvenile courts; that is, the defendant may go through an intake process, a preliminary review of charges, a court hearing, and sentencing. The main difference is that in youth court, youth volunteers, under adult supervision, are responsible for much of the process normally handled by adults, such as: clerk/bailiffs, prosecutors, defenders, jury, and sometimes judge. Another important characteristic of youth courts is the rapid response time. From the time a youth is charged with an offense to the time the case is heard varies from two to four weeks. Most hearings take 15 minutes to one hour and completion of the disposition requirements may take 30 – 90 days (on average).

Sentences levied by youth courts vary from essays, oral or written apologies to victims, restoration of damages through community service or restitution, and mandatory attendance at workshops related to crime and victimization, alcohol and drugs, safe driving, and more. Some sentencing options

Youth courts offer an alternative program to the basic juvenile department, which is overburdened with cases and sometimes the offense is overlooked with no action taken. [Stayton, OR]
used, although less frequently, include curfews, tutoring, counseling, drug testing, victim offender mediation, peer mediation, jail tours, observation of youth court hearings, mentoring, and suspension of driver’s licenses. Youth court focuses on youth accountability, education, and positive youth development.

Where Are Youth Courts Located?

Youth courts have operated in a variety of locations throughout the United States for more than 25 years but gained particular popularity in the last decade. In 1994, there were 78 programs nationwide. The 2002 Urban Institute evaluation mentioned 800 courts in operation. The NYCC list used for the AYPF study, dated October 2004, included 927 programs, but by March 2005, the NYCC database expanded to 1,035 programs. Youth courts have grown by 1,330% within a ten-year period, and since participation in the NYCC database is voluntary, it is likely that the actual number of youth courts nationwide is even higher.

Youth courts are located in 48 states and the District of Columbia, the exceptions being Connecticut and New Jersey. The numbers of programs vary considerably in each state. For instance, New York, Texas, Illinois, Florida, California and Arizona have more than 50 youth courts each, while the NYCC database registered only one program in Rhode Island, Vermont, and Virginia, respectively. Figure 1 displays the distribution of youth court programs by Census region.

Youth courts are located in rural and urban areas, small and large communities. The 365 programs participating in this study were distributed through 42 states reflecting a diversity of environments that included: (a) large urban areas with over one million residents, such as Manhattan, NY, and Los Angeles, CA; (b) small towns with fewer than 10,000 residents, such as Chehalis, WA, or Sitka,

![Image](image1.png)

Most of the kids are not bad kids. They were in the wrong place at the wrong time. They seem to realize what they did was wrong. They do not wish to repeat what they did. Many of the kids come back to volunteer after completing sanctions. [Crestview, FL]
AK; (c) localities where more than 80% of the population is of minority background, such as Miami, FL, and Hilo, HI; (d) localities where the population is 95% white, such as Lewiston, ME, or Bismarck, ND; and (e) tribal communities, such as the Gila River Indian Community, AZ or the Choctaw Tribal Teen Court, Choctaw, MS. Youth courts have become an integral component of the country’s network of delinquency prevention and early intervention regardless of location or type of community.

The expansion of youth courts is reflected in the age of operation of the programs participating in the study. As seen in Figure 2, 40% of the programs had been in operation for five years or less (three had just opened), and almost 50% had been operating for 6 to 10 years.

Figure 2: Age of operation of youth court programs

<table>
<thead>
<tr>
<th>Years of operation</th>
<th>1 to 5 years</th>
<th>6 to 10 years</th>
<th>11 to 15 years</th>
<th>16 years +</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percentage</td>
<td>38%</td>
<td>47%</td>
<td>11%</td>
<td>4%</td>
</tr>
</tbody>
</table>

Whom Do They Serve?

**Youth Offenders**

Typically, the programs serve youth between 11 and 17 years of age. Most frequently, youth coming to youth courts are first-time offenders charged with misdemeanor or status offenses which include theft, vandalism, disorderly conduct, assault, and possession of marijuana. Some youth courts may address school disciplinary issues, such as being tardy to class or being disrespectful to a teacher. Under-age drinking or tobacco possession is also commonly handled by youth courts. Some programs serve repeat offenders and non-violent felony cases. Among the study participants, 59% indicated serving only first-time offenders, and misdemeanor, status and/or school-based offenses, while 41% indicated receiving youth who had committed prior offenses and/or youth accused of non-violent felony cases.

From October 2003 to October 2004, 327 programs participating in the AYPF study had served a total of 37,277 youth, for an average of 114 youth (± 10.5) per program. Numbers varied from as low as one participant in a program that had just opened and received its first case, to 1,579 youth in a five-year old program in Texas. Almost half of the participating programs were small, serving fewer than 50 youth per year, while five were large programs with more than 500 cases a year. Florida and Texas had the largest programs in the study, followed by Arkansas and Michigan. Figure 3 displays the number of youth offenders served between October 2003 and October 2004 by the youth courts participating in the AYPF study.
As youth courts rely heavily on voluntary participation, keeping statistics is a secondary and generally difficult task to maintain. The 2002 Urban Institute evaluation estimated 100,000 as the number of youth diverted yearly to youth courts. Considering the current sample as representative of the youth court population (see Appendix A), the estimated numbers of youth served yearly by the current programs may be as high as 110,000 to 25,000.

Of the programs studied, 198 (54%) had information regarding numbers of juvenile arrests in their jurisdiction. They reported a total of 250,691 juvenile arrests in their jurisdictions, of which 9.2% (22,953 youth) were diverted to them. The number of youth offenders diverted to the programs is directly related to numbers of arrests in jurisdictions. Programs in jurisdictions with more than 10,000 juvenile arrests served more than 1,000 youth in the previous year.

In 2000, there were nearly 2.3 million arrests of juveniles nationwide, and the courts with juvenile jurisdiction processed more than 1.6 million delinquency cases, or 70% of the juvenile arrests. Of the disposed cases, 303,200 (19%) were larceny-theft and 106,800 (7%) were vandalism, two offenses frequently diverted to youth courts. Considering that youth courts may absorb as much as nine percent of the juvenile arrests in a jurisdiction, their presence in any jurisdiction will have an important impact in ensuring that more juveniles who are arrested face consequences for their actions while avoiding a backlog in the juvenile courts, and preserving the courts’ ability to process the most severe cases.

**Youth Volunteers**

Volunteers, both adults and youth, are the backbone of youth courts. Youth between 13 and 18 years of age are accepted as volunteers and undergo training before joining the courts. According to Godwin Mullins (2003), the topics most often covered in initial training include: the roles and expectations of youth volunteers; an overview of youth court process; youth court hearing procedures; case preparation and questioning techniques; and explanation of program services and sentencing options. A total of 34,097 youth volunteers were involved in the programs participating in the AYPF study, for an average 99 (± 12.3) volunteers
per program. As seen in Figure 4, approxi-
mately 80% of the programs indicated hav-
ing 100 or fewer youth volunteers, while 3% esti-
minated having 500 or more.

Figure 4: Number of youth volunteering
per program per year

[Graph showing distribution of youth volunteers]

The numbers of youth volunteers in a pro-
gram strongly relates to program size, mean-
ing that programs serving more youth,
which are located in jurisdictions with large
numbers of juvenile arrests, also count on
large numbers of youth volunteers for help,
regardless of court model used or operating
agency.13 Extrapolating these results to the
current numbers of youth court programs
now reported in existence, it is possible that
more than 100,000 youth are benefiting
each year from their participation as volun-
teers in youth courts nationwide.

Youth volunteers become involved in the pro-
gram for different reasons. Some schools use
the programs as a tool to provide students
with lessons in civics; most, if not all, students
will serve in the youth courts at least once
during their high school years.14 Civic groups,
such as Boy Scouts and Girls Scouts, partici-
pate in the program to earn their badges.

Volunteers may also be young people who
look for opportunities to learn and serve by
providing community service hours or a
more in-depth experience involving academ-
ic connections through service-learning.
 Defendants (or respondents) may serve in the
youth court proceedings as a juror which may
also be part of their sentencing. Finally, for-
mer defendants may also return to the pro-
grams as volunteers, after successfully com-
pleting their sentences. Approximately 30%
of the programs participating in the AYPF
study reported that one in five program grad-
uates returned to serve as a volunteer.

How Do Youth Courts Operate?
Michelle Heward (2002) observed that 25
states had passed legislation addressing
youth courts in some manner.15 In some
states, the legislation is limited to provid-
ing appropriations for the programs; in oth-
ers, it simply lists youth courts as disposi-
tional options for other formal courts;
while a few states have a more comprehen-
sive legislation that addresses specific pro-

---

Our program is now entering its 6th
year and has diverted 300 youths from
the standard juvenile services intake
process. Teen court allows them to be
held accountable and receive serious
consequences [for their crime or
offense], which typically would not
receive action from juvenile services.
Our overall recidivism rate on a 5-year
study is below 13%, which goes to
prove that the program works and is
beneficial to our community. Over 6000
hours of community service has been
assigned and performed during these
years [Easton, MD]
gram areas. Discretionary guidelines have also been promulgated by national, state or local organizations or sponsoring entities to ensure that the programs follow acceptable standards. Some youth courts operate under written or verbal permission from judges or school districts. The National Youth Court Guidelines are available at the NYCC web site for those wishing to pursue formation of a youth or teen court.

There are four general models of youth courts: adult judge, youth judge, youth tribunal, and peer jury. In the adult judge model, youth volunteers serve in the roles of defense attorneys, prosecuting attorneys, clerks, bailiffs, and jurors, while the adult volunteer, either an attorney or judge, serves in the role of judge. The youth judge model has youth volunteers serving in all roles, including that of judge, under the monitoring of an adult volunteer, usually an attorney. The youth tribunal model usually adopts a panel of three youth judges and has no peer jury. Finally, the peer jury model has an adult or youth volunteer serving in the role of judge, while youth volunteers serve as jurors and question the defendant directly; sometimes youth advocates are involved.

Frequently, youth courts adopt one of the four models or a combination of them. Among study participants, the adult judge was the most frequently adopted model, as seen in Figure 5. This finding is also reflected in an analysis of the NYCC database, where 53% of the programs reported using the adult judge model. Programs may also adopt different models depending on the offense. For instance, they may use the adult judge model for most cases, except truancy cases, where the youth tribunal is used. The most common combination found in the study was the mix of adult judge and peer jury.

Figure 5: Distribution of programs by model of youth court adopted by survey participants

Most youth courts are held in actual courtrooms, using the environment to emphasize the seriousness of the proceedings. One program described a mobile process, whereby area schools are visited at different times during the year and courts are held on school campuses. According to the program coordinator, this process facilitates the involvement of larger numbers of youth as volunteers.
Youth courts can be operated by a variety of agencies, including law enforcement (police and sheriff offices), organizations within the justice system (District Attorney’s Office, Circuit Court, Superior Court, Municipal Court, and Probation Departments), other government agencies, private nonprofit organizations, and school districts. They can be either self-contained, or involve partners in the community or the justice system. For instance, some of the school-based courts in this study reflected a partnership between law enforcement and the school district. Figure 6 displays the distribution of participating programs by operating agency, according to data from the NYCC database. “Juvenile justice” reflects youth courts operated by the courts (juvenile, municipal, superior, district, and circuit courts, including clerk of the court), district or county attorney office, probation departments, and law enforcement agencies (police and sheriff offices). “Schools” include middle and high schools. “Local government” represents youth courts operated by town, county or city agencies not related to law enforcement or the court system. “Other” includes programs with more than one operating agency (e.g. law enforcement and schools).

Of the youth courts operated by an agency within the juvenile justice system, 37% are operated by law enforcement agencies and probation departments operate another 30%. Juvenile or municipal courts operate 15% of the programs, and superior, district courts, and clerk of the courts operate the remaining 18%. A comparison between years of program operation and operating agency indicates an expansion on the number of youth courts operated by non-juvenile justice agencies in the past five years, particularly school-based programs, and also a growth on programs operated by a combination of agencies.21

Our teen court program teaches a great amount of community involvement and responsibility both to the offender and especially to the teen court juror volunteers. They get a better understanding of how behavior affects others and contributes to the view of teenagers. I am always impressed at the way the jurors take their jobs seriously and give a lot of thought to the consequences they impose. [Alexandria, MN]
Program Completion

The study participants indicated that a total of 34,083 youth had completed the peer-imposed sanction successfully within the previous year, for an average completion rate of 89%. A comparison between completion rates and court models had no statistical significance; that is, the court model adopted by the program does not appear to influence program completion. Also, years of program operation were not related to success rates. By the second year of operation, programs were already registering successful completion of sentencing for all or most of the youth offenders. In other words, return of investment in youth courts can be immediate.

Comparing sentence completion rates by operating agency is not reliable, as the agencies tend to specialize in types of offenders. For instance, school-based programs deal mostly with truancy and other school-based offenses and rates of success are expectedly high. Some of the governmental programs are specific for traffic violations, while law enforcement and court programs tend to work with riskier types of behavior, such as burglaries, theft, or weapons possession.

Some program coordinators volunteered information about the percentage of youth who re-offend after finishing the program. A coordinator from a program in New York noted that, “In 2001-02 only 10.7% of youth followed for one year after termination had offended. In 2002-03 that rate dropped to 8.9%.” A number of youth court coordinators indicated recidivism rates of 10%. In the Urban Institute’s 2002 report featuring comparison data between teen courts and the traditional juvenile justice system in four states (AK, AZ, MD, MO), teen courts showed promise. The report revealed that in two of the four states studied, teen court youth had significantly lower rates of recidivism than the comparison group. In the other two states, differences did not reach statistical significance, yet one of the sites favored teen court by a slight margin.22

Comparisons of recidivism rates between youth court programs and traditional juvenile court programs are not reliable, since youth court programs serve first-time offenders committing less severe crimes, while the traditional juvenile court system is geared toward the repeated offender and/or youth committing more severe crimes. Also, offenders diverted to youth courts are aware that, if they do not complete their program, they may return to the courts or to the juvenile probation department and risk more severe sanctions. However, the recidivism rate is still an important measure of success in juvenile justice programs and to better understand the deterrence power of youth courts on delinquent behavior, research is needed that compares the trajectory of youth with similar offending history randomly assigned to different programs. In fairness to youth courts, an 89% completion rate for

We receive many letters from youth offenders and their parents stating how grateful they are that the county has teen courts... teen court gives youth an important role in their communities. They are real leaders with a voice for change. [Oconto, WI]
programs that handle teenagers with risky behaviors is still impressive.

**Estimating Costs**

Funding for youth court programs comes from states or local communities. The U.S. Department of Justice, through OJJDP, funds the National Youth Court Center (NYCC), whose purpose is to provide training and develop technical assistance materials to support the quality implementation of programs.

Budget information for participating programs in the NYCC database was used to estimate the average costs for youth court programs. Since most information was outdated (2002 or older), a 5% yearly increase was calculated for each program to attain a more precise estimation. This process probably led to an over-estimation of actual program costs, as many programs indicated cuts in budget from one year to another. Within these caveats, the average yearly budget for youth courts is about $49,000, the program cost per youth served would be approximately $430, and cost per youth completing sanctions was $480.

Comparisons with other juvenile justice programs are unreliable, as costs vary considerably across localities and severity of cases. A 2001 article estimated probation costs at $1,635 per youth, and a 1998 article estimated processing costs in criminal justice for juveniles between $21,000 and $84,000 per case. Although claims of cost effectiveness can be made only after careful research that goes beyond the scope and design of this study, youth courts are certainly less expensive than the traditional court process, as it relies heavily on volunteer work from both adults and youth.

**Program Benefits and Impact**

**Reducing the Backlog in the Juvenile Justice System**

If youth courts divert about 9% of the arrests that may end up in the juvenile
court system, while achieving high completion rates, reducing backlog at the juvenile courts without increasing recidivism may be the greatest impact of youth courts for the juvenile justice system.

To understand the role that youth courts play within the broader system, AYPF asked youth court coordinators to indicate alternatives for the youth offender in case the program was no longer available. Figure 7 summarizes their responses. Almost all (93%) coordinators agreed that the youth would be involved in some type of program within the system, such as traffic courts, family courts, probation departments, or other. For school-related cases, the alternative was the loss of learning time due to suspensions or expulsions. A common observation among program coordinators was that, by entering the system in a more formal way, via juvenile courts, youth risk remaining in the system and carrying the label of offender, or become lost in an overburdened system as is the case with some of the larger states and experiencing no consequences for his or her offense. Seven percent of the respondents considered that the delinquent behavior would go unpunished (“no consequences”), mostly due to the backlog in the juvenile courts and the courts’ focus on the more severe cases.

According to Scott Peterson, from OJJDP, there is a substantial need in the juvenile justice system to provide alternative sentencing options that sanction the juvenile offender while allowing for that young person to be held accountable in a constructive manner to him/herself and to the community. A model, graduated sanctions system combines treatment and rehabilitation with reasonable, fair, and appropriate sanctions, and offers a continuum of care consisting of

The youth in our county have shown an increased understanding of the law, why the law is in place and the consequences for breaking these laws. They have worked together to find solutions to juvenile crime and restoration concepts. These concepts help to instill empathy, compassion and justice principles to teens. [Eureka, CA]
diverse programs. The continuum includes immediate sanctions with the community for first time, nonviolent offenders. The youth court intervention ensures that both needs—immediate sanctions and personal accountability—are satisfied.26

Providing Youth with Educational and Civic Opportunities

A review of the comments from study participants highlights a shared concern with youth education and civic development, as a complement to the intervention focus of more traditional juvenile justice programs. A theme that weaves through the coordinators’ comments is that youth courts provide youth offenders with an opportunity to learn that their actions have consequences, while limiting the damage to their future, since by successfully completing the program most youth courts will dismiss the young person’s case or the youth may request that their juvenile record be sealed or expunged. The programs also offer opportunities for youth, both offenders and volunteers, to learn about the law, the juvenile justice system, and the responsibilities of a citizen in a democratic society, while developing skills in public speaking, leadership, and mediation.

As one coordinator in Asheboro, NC, observed, the program functions as prevention even for youth volunteers by giving them the “opportunity to learn appropriate behaviors and be good law abiding citizens.” The goal of the program, explained another coordinator in New Ulm, MN, is “to educate the community’s youth,” helping “youth volunteers and youth offenders to gain respect for the legal system . . . through hands-on experience.” An unintended but positive consequence of the program is that “youth who do not have special athletic or academic skills” are given an opportunity to be leaders and increase their self-confidence through volunteer work in the program [Kissimmee, FL].

Study participants were asked to rate five factors that characterize youth court programming and might work as prevention to offending behavior among youth. As seen in Figure 8, more than 90% of the study participants “agreed” or “strongly agreed” that positive peer pressure, a better understanding of the law, and increasing knowledge of the responsibilities inherent to citizenship, were characteristics of the youth court process most strongly related to recidivism prevention. About 80% of the coordinators also emphasized the role of youth courts in providing a safe place where youth offenders can share their thoughts and feelings, and the fact that youth courts prevent the offenders from gaining a label as criminal and coming in contact with more hard core offenders.

The teens have given thousands of hours of community service to local non-profit agencies, elderly in the community and assisted with community special events. This experience allows the youth the opportunity to be held accountable, but also they feel the rewards of giving back to the community. [Deadwood, SD]
Learning by doing and preventing anti-social behavior through positive role modeling and community service are two essential characteristics of youth court, as indicated in this study. Indeed, if negative peer pressure can induce adolescents to anti-social behavior,\textsuperscript{27} the exposure to peers in positions of leadership who model positive behaviors provide the young offender with a new perspective about their role in society, and a peer support group for times of need. Furthermore, for youth raised in environments characterized by violence and/or neglect,\textsuperscript{28} better understandings of the law and of accepted behaviors, together with increased knowledge of the responsibilities inherent to citizenship are essential types of information to which they may have never been exposed.

**Helping Communities**

The benefits of youth courts extend beyond the youth who participate in the process and reach to parents and community members. For parents, their involvement with the process provides a chance to re-engage in a dialogue with their children and learn positive ways to help their children avoid anti-social behaviors. As a coordinator observed, “I have heard many comments from parents and teens that youth court has turned their life around.” [Bloomfield, NM]

Communities also benefit from the program in two ways: (a) directly, through the services that the youth offenders provide as part of their sanctions; services include cleaning up places they have vandalized, volunteering in nursing homes, etc; and (b) indirectly, through the expanded opportunities offered to youth to volunteer and learn.

A coordinator from a Pennsylvania program emphasized this broad reach of youth courts

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Because of funding issues this year, we have spent so much time raising funds and generating support from politicians that the program itself has suffered. Our referrals have gone down. Usually we have 200-250 youth processed a year, this year we had 100. We had less time to focus on volunteer training so the quality of volunteers is different. [Green Bay, WI].
explaining that in her program, “500 students are trained as attorneys and jurors yearly, and local Boy Scout and Girl Scout groups have come in to serve on a jury to receive their legal badges.”

As reported in a recent AYPF publication, “The evidence shaping America’s civic future highlights three major areas of concern—the knowledge, skills, and dispositions (attitudes) of our youth.” Youth courts combine community service (service activities performed for community betterment) with service learning (a teaching methodology that links learning to service to academic curriculum), thus offering communities with a fertile ground for civic engagement.

**Program Sustainability**

Program sustainability was a concern shared by program coordinators in this study. “Funding for youth courts continue to be the most pressing issues [we face] from one year to another,” explained a coordinator from a program in Maryland. It appears that funding for preventive programs is less available than funding for “reactive programs.”[La Crosse, WI] Although many states provide grants for youth courts, the grant process can be cumbersome for programs that may have no more than one part-time paid staff. “We wish we had a full time staff to address the serious issues [lack of funding] in a more systematic manner.”[Sulphur Springs, TX]

A program in South Dakota was able to establish significant relationships with the community, “the city and county support [us] by allowing law enforcement officers to flex their time to work with the program; several civic organizations in our area support the program through cash donations and members volunteering with us.” Yet, establishing these relationships is also time-consuming.
Facing decisions about limited resources and ever growing needs, policymakers may be interested in three basic questions regarding youth courts:

- **Are they cost effective?** Concurring with the Urban Institute, this study suggests that youth courts are cost effective programs. They are serving an estimated 110,000 to 125,000 youth offenders across the nation each year, while offering hands-on leadership and citizenship training for more than 100,000 youth volunteers. Furthermore, they are diverting about 9% of the juvenile arrests that would otherwise have to be handled by the traditional court system, already overburdened with more severe cases. All this, on an average budget of less than $50,000, seems reasonably cost effective for jurisdictions.

- **Are they successful?** This study suggests that youth courts provide benefits that extend beyond the youth offender, to embrace their families, the youth volunteers, and the community. The program ensures that youth offenders assume responsibility for, and deal with the consequences of their acts. Youth courts offer youth a safe place to serve and learn, and opportunities to develop pro-social leadership skills. They provide youth offenders and volunteers with foundations for competent and responsible citizenship, and help families and communities to assume responsibility for their young people’s behavior while creating a network of support (in other words, building social capital).

- **Are they viable?** With more than 1,000 programs across the nation, in urban and rural areas, small and large communities, youth courts have become an integral part of the country’s network for prevention and early intervention of juvenile crime. Yet, programs need funding to survive. As a program coordinator explained, “Federal and state recognition of the importance of youth courts by helping to find sustainable funding would be a great step in the building of youth court programs nationally.”

**Recommendations**

- **For policymakers:** Championing local and statewide youth court programs can increase visibility and support within the community. Increasing funding and facilitating access to funds by simplifying the funding process are two important steps on strengthening communities’
resources to address delinquency prevention and early intervention.

- **For researchers:** A next step for this study is to build on NYCC’s work toward defining best practices by employing rigorous research design in comparative cross-program analyses; comparative analyses are also needed to understand issues related to program completion and recidivism.

- **For program coordinators:** The effective use NYCC professional development and technical assistance resources is essential to promote high quality, successful programs. In addition, the NYCC network is an important resource for ideas on program sustainability.

- **For communities:** Supporting youth courts may be a cost effective way to provide young people with opportunities for civic engagement, while providing immediate response to juvenile offending behavior.

**A Path to Civic Engagement**

The youth court initiative leans on youth to become civic-minded. The program holds offenders accountable for their actions, placing their peers in control of the disposi-

...tional process, building competency through training and exposure to courtroom procedures, and repairing harm done to the victims of juvenile crime. While building ties with the community, the program offers both offenders and youth volunteers opportunities to exercise and increase important life skills such as decision-making, problem-solving, listening, and communicating.

As a community-based and community-operated program, youth court addresses the immediate needs of the youth involved in the program as they learn and practice stewardship of the community.

By fostering a culture of service, citizenship, and responsibility, existing youth court programs have already helped many young people understand the justice system and prevent and reduce crime in their communities. All this is achieved almost entirely through volunteer work. To strengthen this pathway to civic engagement for youth and communities—citizens and policymakers could champion the program at the local, state and federal levels, offering not only support and resources through funding, but their own personal involvement as well.
REFERENCES


APPENDIX A: STUDY METHODOLOGY

Description: The study was based on a feedback form mailed to youth courts in November 2004. AYPF developed the feedback form in consultation with the National Youth Court Center (NYCC) and the Office of Juvenile Justice Programs (OJJDP), Demonstration Division. The form consisted of a front page with explanations about the study, the organization conducting the study, and directions on how to respond to the questions. The back page contained the questionnaire. As requested by the sponsoring organizations, the feedback form was kept small with only three main questions that could be answered in less than 10 minutes.

Question 1 collected data on program’s participation and outcomes. Program coordinators were asked to look at data from the previous fiscal year (October 2003–2004) and provide numbers for juvenile arrests in the jurisdiction, youth served in the program, youth completing the sanctions successfully, those returning to the program as volunteers, and overall numbers of volunteers in the program. Question 2 focused on the role of youth courts within the broader system of juvenile justice, and asked program coordinators about the alternatives for the youth offender if the program did not exist. For Question 3, program coordinators were asked to rate the factors contributing to youth court’s outcomes using a 5-point Likert scale and five options: (1) positive peer pressure, (2) increased understanding of the law, (3) opportunities to discuss thoughts and feelings, (4) protecting youth from being labeled criminal and interacting with hard core offenders, and (5) increased knowledge of citizenship’s responsibilities. A sixth option (youth courts have no positive impact on youth) was offered with the dual purpose of providing the respondents with an opportunity to vent their opposition to youth courts and checking for level of attention, as this option contradicted the other five and could not receive the same rate. Only one respondent rated five in all options and therefore, the response was not counted in the analysis. Respondents were also encouraged to make comments using space left at the front page, and 104 respondents (30%) used this option. A copy of the study document is included at the end of this appendix.

Method: The feedback form was mailed to youth court programs registered with the NYCC database and addressed to the program coordinator. A self-addressed stamped enveloped was included in the mailing to expedite responses. After two weeks from the initial mailing, messages were placed at the NYCC web site calling attention to the study and encouraging program coordinators to participate. The OJJDP Demonstration Division also sent reminders to the diverse jurisdictions. Another two-week interval was given before the programs were contacted a second time via e-mail or telephone. The process from the first mailing wave, the reminders via sponsoring organizations, and the second wave of reminders took approximately 40 days to accommodate for the holidays. Data on agencies operating the programs, model of youth court, years of operation, types of offenses served, and budget were obtained directly from the NYCC database.

Statistics: The feedback form was mailed to 927 programs. Of these, 24 (2.6%) were
returned for wrong address or program closure. Of the 903 sites with live addresses, 365 participated in the study for a response rate of 40.4%. The study’s margin of error is ± 3.96% for a confidence interval of 95%. This means that there is a 95% probability that the responses from the sample fall within ± 3.96 percentage points of the true population of youth courts.

A randomly selected sample of non-respondents was surveyed to assess the differences between the two population sub-groups (respondents and non-respondents). To organize the sample, every 23rd program in a list of non-respondents was contacted via telephone. The number 23 was an arbitrary number corresponding to the square root of the total non-respondent group. Program coordinators were asked the numbers of youth served, numbers of youth completing successfully their sanctions, and options for the youth in case the program did not exist. Responses from this sample were compared to respondents and no statistically significant differences were found. The assumption that the respondent sample was representative of the overall population was proved correct, thus reinforcing generalization of findings within the study’s margin of error.

An analysis of response rates per item was also conducted. In Question 1, only half of the respondents (54.2%) provided information on numbers of juvenile arrests and 70% indicated the numbers of youth returning to the program as volunteers, while a 90% or better response rate was obtained for the items related to numbers of juvenile served, completing sanctions successfully and overall numbers of program volunteers. All respondents addressed Question 2 for a total of 398 answers, as programs could indicate more than one option. Response rate for Question 3 was 98% per item. No statistical adjustments were made for non-responses. A description of participants is provided in the body of the report.

**Limitations of the study:** The study was proposed as an overview, or “snapshot” of youth courts nationwide rather than an in-depth description of the program’s activities and outcomes. Therefore, in Question 1, program coordinators were welcomed to provide estimated numbers of arrests and program participation, and were not requested to show evidence for their responses. In five cases, the coordinators mentioned that numbers were from October 2002-2003, rather than October 2003-2004 as requested, and these answers were included in the analysis. Three coordinators mentioned that the programs had opened recently and they were just receiving their first cases; so, no outcomes could be provided. Budget information was based on data from the NYCC, which is about two years old. A five percent increase a year was estimated to obtain more actual numbers. The estimated is probably higher than reality, since not all programs received increases. Indeed, a number of programs indicated cuts in budgets that were not included in the calculation.

Findings in this study must be seen as an initial step in understanding the diversity of youth courts and their role within the juvenile justice system. It updates and broadens the information obtained by Butts, Bucks and Coggeshall (2002), and provides a voice to a diversity of youth court programs across the nation.
SURVEY/FEEDBACK SAMPLE

FEEDBACK ON YOUTH COURT/ TEEN COURT/PEER JURY
Conducted by the American Youth Policy Forum—
www.aypf.org

Please return by November 23, 2004

November 2004,

Dear Program Coordinator,

What is the impact of youth courts/teen courts/peer juries on youth in your community?

American Youth Policy Forum is an educational non-profit based in Washington, DC that provides nonpartisan learning events and publications to policymakers to help them stay on top of current issues affecting youth policy. We are engaged in a nationwide effort to gather current feedback on the question above to share in a report to national, state, and local policymakers to bring them up to speed with what is happening in the field. The purpose of the report is to provide a better understanding of the possible benefits of this program to our nation’s young people. When completed in early 2005, the report will be distributed to policymakers and appear on the American Youth Policy Forum and National Youth Court Center websites, and possibly others.

Your participation in providing feedback is important. For the most accurate information possible, we ask that this feedback form be completed by the project coordinator or administrator. A return envelope has been provided for you, or just fax it to us at 202-775-9733. Please feel free to use the space below to share your comments, experiences, or concerns regarding your program. Thank you for your time in filling out and returning this form to us.

Sarah S. Pearson
Project Director
American Youth Policy Forum—www.aypf.org
Organization, City, State, Zip ______________________________________________________

1. In the past 12 months (Oct 2003 – Oct 2004), or your most recent fiscal year:
   a. How many juvenile arrests were made in your jurisdiction?__________________________
   b. How many of these cases were directed or diverted to your youth court? ________________
   c. How many youth volunteered to assist in the various roles of youth court?_______________
   d. How many young offenders completed their sentence/sanction successfully? ____________
   e. How many youth returned to the program to volunteer after sanctions?_________________

2. If your program did not exist, what would happen to youth offenders/respondents? [Check all that apply]
   ❑ They would be referred to another type of juvenile justice program
   ❑ They would be assigned community service by judge
   ❑ Don’t know
   ❑ Other (please specify): __________________________________________________________

3. What aspects of youth court do you think are particularly important to help youth offenders maintain law-abiding behavior in the future? (Please check the option that best expresses your opinion)

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<td>a. Positive peer pressure</td>
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<td>b. Increased understanding of law</td>
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<td>c. An opportunity to discuss their thoughts and feelings</td>
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<td>d. Avoiding being labeled a criminal and interacting with hard core offenders</td>
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<td>e. Increased knowledge of the responsibilities of being a citizen</td>
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<td>f. Youth courts offer no opportunities for youth to learn law-abiding behaviors</td>
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THANK YOU
ENDNOTES

1 Butts, Buck, & Coggeshall, (2002), p. 34.
2 Godwin (spring/summer 2003), p. 3; and Butts & Buck (October 2000), p.2.
3 Godwin, op. cit.
5 This review is based on 903 programs with confirmed address at the NYCC database by November 2004; for more information, see Appendix A.
6 A Standard Error of the Mean (SEM) rather than standard deviation is being used as the population does not have a normal distribution.
7 Butts, Buck & Coggeshall, ibid, p.2.
8 One estimate used the data provided by study participants, and multiplied the mean number of youth served per program (114±10.5) by the actual number of existing programs. Estimates are 117,990 or, using a 95% confidence interval, from 96,255 to 139,725. Another estimate updates the numbers provided in the Urban Institute study (if 800 programs were handling 100,000, 1,000 programs will be handling 125,000. The totals were rounded to the lowest thousand. The estimates make two important assumptions: (a) The sample is representative of the universe of programs in the 2004 NYCC database, and (b) The programs entered in the NYCC database after October 2004 are similar in size to the programs in the 2004 list.
9 The hypothesis that low response rate for this question reflected access (or lack of access) to information on arrests was tested using a simple Chi Square test for “reporting” vs. “not reporting” the information according operating agency. Results were statistically significant ($\chi^2 = 26.299$; $df=8$; $p<.001$), meaning that reporting arrest data is strongly related to type of operating agency. Programs operated by agencies in the juvenile justice system are more likely to provide information on arrests than school-based, community-based or local government agencies. For instance, 86% of court-managed programs reported data on arrests, compared to 36% of school-managed programs.
10 Pearson Correlation for number of arrests in jurisdiction and number of youth served in the program was $r (190) = .534$, $p<.01$.

12 Mullins (spring/summer 2003).
13 Pearson Correlation for number of youth volunteers and number of youth served was: $r (313)= .226$, $p<.01$ and for number of youth volunteers and number of juvenile arrests in the jurisdiction was $r (190) = .534$, $p<.01$.
14 According to Godwin Mullins, op. cit., in 2002, 11% of the programs offered volunteer training as part of a class during school hours.
17 Godwin, Heward & Spina (2000).
19 See Endnote 17.
21 $\chi^2 = 32.723$; $df=16$; $p<.01$
23 According to the NYCC, 2002 average budget was $40,059.76 (NYCC, ibid)
24 Using SEM and for a 95% confidence interval, estimations vary from $362 to $526 per youth served (114±10.5), and from $395 to $612 per youth completing sentence successfully (112±11.9).
26 Scott Peterson, Demonstration Programs Division, Program Manager; personal communication, 3/7/2005.
28 See, for instance, Patterson, DeBaryshe, & Ramsey (1989); Bandura (1986).
29 Boston, B. Restoring the Balance Between Academics and Civic Engagement in Public Schools (2005), p.10.
30 Available on www.civicyouth.org
ABOUT THE AUTHORS

**Sarah S. Pearson** oversees a variety of AYPF events, including organizing roundtable discussions on youth policy issues and writing policy briefs. She is connected with leaders, researchers, and practitioners in service-learning, juvenile justice and education reform, and has served as a peer reviewer for programs under the Corporation for National and Community Service, U.S. Department of Education, and the National Youth Employment Coalition. Sarah served as the Board President, National and Community Service Coalition (2002-2004). Before joining AYPF, she worked with the National Center on Education and the Economy focusing on standards-driven curriculum and the National Center’s school reform model, America’s Choice. Sarah recently co-edited a national report, Restoring the Balance Between Academics and Civic Engagement in Public Schools (2005). She is the author of *In Service to Our Nation: A Guide to Members of the National and Community Service Coalition* (2004), *Finding Common Ground: Service-Learning and Education Reform* (2002), *Leveling the Playing Field: Technology as an Equalizer in Education, Transition to Careers, and Daily Life* (2001) and co-author of *Building an Effective Citizenry* (2003). Sarah received a B.A. from Marymount University and M.Ed. from the University of Virginia.

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**No More Islands: Family Involvement in 27 School and Youth Programs**

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